



Newsletter

Volume 1, Issue 1

February 2009

Our Goal: To create a place where people of all ages can gather and be present with openness, freedom, love, and respect - learning from and with one another.

From the Manager

January is always an interesting time. As the year begins I find myself swapping out the old files for the new ones which will house my financial records. It is also a good time to do a little financial planning and of course, get started on those tax statements that are required by April 15.

For many of us, we start gathering all the receipts needed to fill out our tax forms and even make that last payment to the retirement fund in order to gain a little more deduction when filing for 2008.

We are so thankful for the many financial partners who help us each month cover the cost of running this faith based community center. For those of you who contributed to Soul Café this past year, we trust you have received your tax deductible receipt for your donations.

On page two you will find information about an exciting program that you can get involved in this year to help Soul Café. By registering online your grocery card, ATM and credit cards with eScrip, your purchases can help Soul Café earn as much as \$200 from local and online merchants.

Perry C Cole

News from the Leos

Help support the HRV Leos Club by bringing all your deposit cans and bottles to Rosauers from 9 am to 1 pm on Saturday February 7th and the first Saturday of every month. The Leos will be by the newspaper recycling trailer collecting deposit bottles and cans.

A reminder, since January 1st, all water bottles and bottles with water on the label, like vitamin water and flavored water, have a deposit, too. The Hood River Leos is a club consisting of high school and middle school students and is affiliated with the Hood River Lions Club. The Leos do service projects throughout the year and all money raised is donated to nonprofit groups in the community. For more information, contact Tom Schaefer at 354-2095 or at leos@gorge.net.

Soul Café

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Hood River, OR 97031

Phone: (541) 386-6164

E-mail: soulcafe01@gmail.com

Website: www.soulcafe.org

(Note: You can find a calendar on our website of the activities at Soul Café)

Deborah Chenoweth, Board Chairperson
Perry C Cole, Manager/Volunteer Coordinator
To Be Announced, Mission Developer

Copies of the monthly newsletter are e-mailed to our list of contacts. Please let us know if you would like to be included or whether you would like your name removed. You also may request a copy be mailed to you.

COMMUNITY CENTER HOURS

Sunday 4-7:30 PM
Sunday Supper 5-6:30 PM
Sunday Discussion Group 6:30-7:30 PM
Monday 12-6 PM
Tuesday 12-6 PM
Wednesday 12-6 PM
Thursday 12-6 PM
Friday 12-9 PM
Friday Night Youth 6-9 PM

We Need Your Help!



Sign up with eScrip and you can earn over \$200 annually for Soul Café.

Sign up online. It's quick and easy! eScrip works with merchant partners to contribute to groups like Soul Café each time you shop – at no cost to you!

1. Go to www.escrip.com
2. Click on “sign-up”
3. Follow the instructions to register your grocery cards and your existing credit/debit cards.

IT'S EASY! IT'S FREE! IT'S POWERFUL!

Your annual contribution potential over \$200 annually!

Visit www.escrip.com and click on “Family of Merchants” for a location near you!

SHOP LOCALLY! SHOP REGIONALLY! SHOP THROUGH THE eScrip ONLINE MALL!



MLK Celebration

A series of articles by Kirby Neumann-Rea were recently featured in the Hood River News following an exciting evening at Soul Café. In celebration of Martin Luther King Day, Soul Café hosted a special spaghetti and meatball dinner followed by guest speaker, Rev. David Duncombe. David spent time in the south “registering” black voters and told of his experiences of being arrested and chased through the woods. He later told of marching with Dr. King and being in charge of security.

There were 22 people in attendance on the evening January 18th. The evening ended with a recorded

speech by Martin Luther King made the day before his assassination.

Jam Session



Those who gathered on January 30th for the first of what we hope will be a monthly Jam Session had a great time together. There were seven musicians who played music for about two hours. A couple of others in attendance were singing along, tapping along and enjoyed the fun-filled evening of Christian Contemporary Music performed. A couple of brave souls, who had just come to listen, grabbed a microphone and sang one of their favorite songs.

Anne, one of our volunteers fixed us some yummy goodies, with names like *peanut butter drumsticks*, *melodious marshmallows* and *jazzed up popcorn bugles*.

See you next month!

Community Volunteer Sign-up Day

On Tuesday January 27th, 26 non-profit groups came together to provide an opportunity for the students at Hood River Valley High School to see the volunteer opportunities available to them in our community; then in the evening the community was invited to attend the event.



HRVHS students at the Soul Café table

This project was organized by Whitney Fox as part of her Girl Scout Gold Award project. She wrote about this idea in the “If I Were Mayor” essay contest in 2006. She won the local essay contest and then won at the state level. It was *really* important to her to implement this idea for our community.

The support for this event was amazing. The high school opened their doors and encouraged all the teachers to release their students for 20 minutes to attend the event. The non-profit groups were very impressed with the interest and energy of the students.

The event continued into the evening, allowing the local community an opportunity to see the opportunities available with the local non-profits. The turn out was less than hoped for, but those that did attend found many opportunities available in their interest area.

This event could not have happened without the support of my Gold Award project advisor, Tom Schaffer; Mr. Kadell and Ms. Neitzel at Hood River Valley High School; Rena Whittaker at Providence Hood River Hospital Foundation ; Kirby Newman-Rea at the Hood River News, Mark Bailey at KHR Radio, Mr. McCaw at Print It, all who helped with the advertising; and the non-profit groups that saw this event as an opportunity to find volunteers All the support and encouragement throughout the planning and advertising of this event was wonderful!

This event was advertised as the first annual Community Volunteer Sign-up Day. It is my hope that this event continues to grow each year; it is a wonderful opportunity to bring our community together with the non-profits that need volunteers,

Whitney Fox

(Whitney is a member of the Leos which meet at Soul Café the 1st & 3rd Sundays of each month)

Wish List

- Dry Erase Board
- Crock Pot (7-8 qt.)
- 4 Desk Chairs with rollers for computer desks
- Weather proof banner/sign for Sunday Supper advertisement
- Monthly financial partners
- Wii Exercise Deco Sports Software
- Print cartridges (call for models)
- Art supplies for youth activities
- Grant writing assistance

For Sale: \$100



This Motorola MOTOKRZR K1m Cell Phone was donated to Soul Café and uses the US Cellular Network. It includes a camera, MP3 player capable and all of the cell phone features you would expect for a \$309.00 phone. It also includes a new micro SD card. Please contact Perry Cole @ (541) 386-6164.

Monthly Calendar

- Every Friday Night – Friday Night Youth
- Every Tuesday @ 3:30 PM – Lectionary Group Meets
- First & Third Sundays – Leos Meet
- 1st – Sunday Supper ~ Cathy & Steven Mathis-Thompson
- 8th – Sunday Supper ~ Our Redeemer Lutheran Church & St. Mark's Episcopal Church
- 13th – Riverside Community Church Friendship Guild Meeting at Soul Café
- 14th – VALENTINES DAY
- 15th – Sunday Supper ~ Hood River Hospital Nurses
- 16-17th – NO SCHOOL
- 22nd – Sunday Supper ~ United Methodist Women

“Better to remain silent and be thought a fool than to speak out and remove all doubt.”

Abraham Lincoln